

SUGGESTED PACKING LIST (This list is suitable for any length of stay. Laundry is done weekly)

Send a copy of this list to camp in your camper's luggage. This gives her a checklist when she is packing to go home.
Label every individual item coming to camp—including outside of luggage!

UNIFORM REQUIREMENTS:

*Blue monogrammed polo uniform shirt will be provided for you at camp

___ **Uniform Bathing Suits** – 2 royal blue, one-piece, swim-team type suits. Blue swim shirt/swim shorts are also acceptable

___ **Uniform Shorts** – 2 pair tan colored shorts. May be purchased anywhere. No distressed or short shorts

___ **Water Shoes**- 1 pair for use at the waterfront. Must have for SAFETY

___ **Proper Riding Boots/Shoes and Riding Helmets (bearing SEI safety seal)**, if applicable

CLOTHING (in addition to required uniform):

___ **Footwear**

Rain Boots—rubber rain boots

2-3 pair, sturdy outdoor shoes for hiking, sports, etc.

1 pair flip flops/Crocs for shower

___ **Hat, Sunglasses, Beanie**, --don't forget that it gets cold up here in the North Country, even in the summer

___ **Jeans, Long Pants, Sweats**--4 pairs

___ **Shorts**—5-7 pairs, mid-length. No short shorts permitted

___ **T-shirts**--10, variety of short and long sleeve. No spaghetti strap tank-tops permitted

___ **Warm Tops**--3, sweatshirts, sweaters, fleece pullover or jacket (It can get cold. Please pack accordingly)

___ **Rain Jacket with Hood**--an absolute MUST HAVE!

___ **Sleepwear**--2 pairs. 1 warm weather pair, 1 cool weather pair. Robe and onesies optional but popular

___ **Socks**--10 pairs

___ **Underwear**--10 pairs underpants and 6 bras/camis, including sports bras

*Be advised that we can have some cold night at camp. Please send your daughter with ample cool weather clothing, especially for sleeping.

BEDDING PROVIDED (Sheets, pillow, pillow case, and 2 blankets will be provided-**DO NOT BRING WITH YOU**)

Optional to bring:

___ **1 Personal Pillow Case**

___ **1 Small Stuffed Animal**

___ **1 Blanket**-- NOT an overstuffed comforter (we provide an additional blanket for campers traveling by plane, if desired)

NOT PERMITTED: LAMPS, OVERSTUFFED BLANKETS, MULTIPLE/LARGE STUFFED ANIMALS, SIDE TABLES- STICK TO THE OPTIONAL LIST

PERSONAL ITEMS:

___ **Laundry bag** -- Send 2, with camper's name in large lettering on the outside

___ **Towels**—2 Bath Towels, 1 Beach Towels, 2 Washcloths

___ **Toiletries**--soap, toothpaste, toothbrush, deodorant, sanitary items, lip balm, lotion, brush, shampoo, conditioner, etc.

___ **Bug Repellent and Sunblock**

___ **Personal Medication** in large zip-lock bag with name outside and instructions inside. Must be in original package/bottle.

Vitamins will only be administered if prescribed by a doctor with written documentation.

___ **SHEILDS**, for returning campers

___ **Flashlight and Extra Batteries**

___ **Backpack/String Bag**

___ **2 Labeled, Reusable Water Bottles**

OPTIONAL ITEMS:

___ Journal, pens, books, magazines, pictures, strand of lights, mp3 player of music only device.

___ Camera—inexpensive. No kindle, iPod, smart watches, phones, e-readers allowed-- We are a NO TECH zone!

SPECIAL PERSONAL ITEMS: tennis racquet, musical instruments, dance shoes, costumes, games, blue and white paint/clothing, poetry, sheet music, stamps and stationary