

# SUGGESTED PACKING LIST

(This list is suitable for any length of stay. Laundry is done weekly)

**LABEL ALL ITEMS WITH IRON-ON TAGS OR PERMENANT MARKER!** Send a copy of this list to camp in your camper's luggage. This gives her a checklist when she is packing to go home. Keep a copy for yourself.

*Please put your camper's name on all luggage, inside and out!*

## UNIFORM REQUIREMENTS:

- \_\_\_ **Uniform Polo Shirts** - 2 light blue polo shirts with camp logo, purchased through the Camp Jeanne d'Arc Store (open shortly)
- \_\_\_ **Uniform Solid, Navy Blue Sweatshirt/Sweater**- May be purchased anywhere. No logos aside from Camp Jeanne d'Arc
- \_\_\_ **Uniform Bathing Suits** – 2 royal blue, one-piece swim team type suits.
- \_\_\_ **Uniform Shorts** – 2 pairs nice, tan/stone colored shorts. May be purchased anywhere. No distressed or short shorts
- \_\_\_ **Uniform Shoes** – 1 nice pair of shoes to wear with uniform such as Docksidlers, Merrells, etc.
- \_\_\_ **Water Shoes**- 1 pair for wearing at the waterfront. Can be purchased anywhere
- \_\_\_ **Proper Riding Boots/Shoes and Riding Helmets (bearing SEI safely seal)**, if applicable

## CLOTHING (in addition to required uniform):

- \_\_\_ **Shoes**--3 pairs
  - 1-2 pair, sneakers for sports and active camp activities
  - 1 pair everyday shoes (Vans, Keds, Converse)
  - 1 pair flip flops for shower (in addition to required water shoes)
- \_\_\_ **Rain Boots** – rubber rain boots, an absolute **necessity**
- \_\_\_ **Hat, Sunglasses, Beanie**--don't forget that it gets cold up here in the North Country, even in the summer
- \_\_\_ **Jeans, Long Pants, Sweats**--4 pairs
- \_\_\_ **Shorts**—5-7 pairs, mid-length. No short shorts permitted
- \_\_\_ **T-shirts**--10, variety of short and long sleeve. No spaghetti strap tank-tops permitted
- \_\_\_ **Warm Tops**--3, sweatshirts, sweaters, fleece pullover or jacket (It can get cold. Please pack accordingly)
- \_\_\_ **Rain Jacket with Hood**--an absolute **must have!**
- \_\_\_ **Pajamas**--2 pairs. 1 warm weather pair, 1 cool weather pair. Robe optional but popular
- \_\_\_ **Socks**--10 pairs
- \_\_\_ **Underwear**--10 pairs underpants and 6 bras/camis, including sports bras

\*Be advised that we can have some cold night at camp. Please send your daughter with ample cool weather clothing, especially for sleeping.

**BEDDING PROVIDED** (Sheets, pillow, pillow case, and 2 blankets will be provided-**DO NOT BRING WITH YOU**)

Optional:

- \_\_\_ **1 Personal Pillow Case**
- \_\_\_ **1 Small Stuffed Animal**
- \_\_\_ **1 Blanket**-- NOT an overstuffed comforter (we provide an additional blanket for campers traveling by plane, if desired)

NOT PERMITTED: LAMPS, OVERSTUFFED BLANKETS, MULTIPLE/LARGE STUFFED ANIMALS, SIDE TABLES- STICK TO THE OPTIONAL LIST

## PERSONAL ITEMS:

- \_\_\_ **Laundry bag** -- Send 2, with camper's name in large lettering on the outside
- \_\_\_ **Towels**—2 Bath Towels, 1 Beach Towels, 2 Washcloths
- \_\_\_ **Toiletries**--soap, toothpaste, toothbrush, deodorant, sanitary items, lip balm, lotion, brush, shampoo, conditioner, etc.
- \_\_\_ **Bug Repellent and Sunblock**
- \_\_\_ **Personal Medication** in large zip-lock bag with name outside and instructions inside. Must be in original package/bottle. Vitamins will only be administered if prescribed by a doctor with written documentation.

## MISC ITEMS:

- \_\_\_ **SHEILDS**, for returning campers
- \_\_\_ **Flashlight and Extra Batteries**
- \_\_\_ **Stamps and Stationary** with labels and an address list
- \_\_\_ **Backpack/String Bag**
- \_\_\_ **2 Labeled, Reusable Water Bottles. This is a MUST HAVE!**

## OPTIONAL ITEMS:

- \_\_\_ **Journal and Pen, Books, Magazines, Pictures, Strand of Lights. No Kindle or e-readers are permitted**
- \_\_\_ **Camera--inexpensive, no phones allowed**

**SPECIAL PERSONAL ITEMS:** tennis racquet, musical instruments, dance shoes, costumes, games, blue and white paint/clothing, poetry, sheet music, **MUSIC:** Mp3 players & other "music only" devices are permitted in the cabins to be used with personal headphones. ABSOLUTELY NO cell phones, ipods, tablets or e-readers will be permitted at camp. We are a NO TECH zone!