

2017 SUGGESTED PACKING LIST

LABEL ALL ITEMS WITH IRON-ON TAGS OR INDELIBLE MARKER! *Send a copy of this list to camp in your camper's luggage. This gives her a checklist when she is packing to go home. Keep a copy for yourself.*

Please put your camper's name on all luggage, inside and out!

UNIFORM REQUIREMENTS:

- ___ **Uniform Polo Shirts** - 2 light blue polo shirts with logo-light from [Lands' End](#),
- ___ **Uniform Bathing Suits** – 2 royal blue, one-piece swim team type suits. Suggest Lands' End or swimoutlet.com
- ___ **Uniform Shorts** – 2 pair nice, khaki shorts. May be purchased anywhere. No distressed or short shorts
- ___ **Uniform Shoes** – 1 nice pair of shoes to wear with uniform such as Docksidors, Merrells, etc.
- ___ **Proper Riding Boots/Shoes and Riding Helmets (bearing SEI safely seal)**, if applicable

CLOTHING:

- ___ **Shoes**--2 pairs. Comfortable sneakers and at least 1 pair flip flops and/or water shoes
- ___ **Sturdy Outdoor Shoes** – required for all campout and hikes (Keds and Van styles are not sturdy enough!)
- ___ **Boots** – rubber rain boots, a necessity. Easy to slip on and off is best
- ___ **Hat, Sunglasses, Beanie**--don't forget that it gets cold up here in the North Country, even in the summer
- ___ **Jeans, Long Pants, Sweats**--4 pairs
- ___ **Shorts**--6 pairs, mid-length. No short shorts permitted
- ___ **T-shirts**--10, variety of short and long sleeve. No spaghetti strap tank-tops permitted
- ___ **Warm Tops**—3, sweatshirts, sweaters, fleece, or jacket. Navy blue sweater to wear with uniform (opt.)
- ___ **Rain Jacket with Hood**--an absolute must have!
- ___ **Pajamas**--2 pairs. 1 warm weather pair, 1 cool weather pair. Robe and footie pjs are optional but popular
- ___ **Socks**--10 pairs
- ___ **Underwear**--10 pairs underpants and 6 bras/camis, including sports bras

*Be advised that we can have some cold night at camp. Please send your daughter with ample cool weather clothing, especially for sleeping.

BEDDING (to be packed separately from other items):

- ___ **Pillow and Favorite Stuffed Animal**
- ___ **Sleeping Bag** -- optional for campers traveling by air
- ___ **Sheets**--2 sets, cot sized or flat twin sheets. Optional if preferred over sleeping bag
- ___ **Extra Blankets**-- 2 warm ones (we provide wool blankets to campers traveling by bus or plane) *it can get cold at night

PERSONAL ITEMS:

- ___ **Laundry bag** -- Send 2, with camper's name in large lettering on the outside
- ___ **Towels**-- 2+ Bath Towels, 2 Beach Towels, 2 Washcloths
- ___ **Toiletries**--soap, toothpaste, toothbrush, deodorant, sanitary items, lip balm, lotion, brush, shampoo, etc.
- ___ **Bug Repellent and Sunblock (New NY law- must approve use of sunscreen on medication form)**
- ___ **Personal Medication and Vitamins** in large zip-lock bag with name outside and instructions inside. **MUST BE IN ORIGINAL PACKAGE/BOTTLE.**

MISC ITEMS:

- ___ **SHEILDS**, for returning campers
- ___ **Flashlight and Extra Batteries**
- ___ **Stamps and Stationary** with address labels and an address list
- ___ **Backpack** for hikes
- ___ **2 Labeled, Reusable Water Bottles. This is a MUST HAVE.**

OPTIONAL ITEMS:

- ___ **Journal and Pen, Books, Magazines, Scriptures, Pictures. No Kindle or e-readers are permitted**
- ___ **Camera--inexpensive, no phones allowed**

SPECIAL PERSONAL ITEMS: tennis racquet, lacrosse sticks, musical instruments, dance shoes, costumes, games, blue and white paint/clothing, poetry, sheet music. **MUSIC:** Mp3 players & other "music only" devices are permitted in the cabins to be used with personal headphones. **ABSOLUTELY NO cell phones, ipods, tablets or e-readers will be permitted at camp. We are a NO TECH ZONE!**