

# 2017 SUGGESTED PACKING LIST

**LABEL ALL ITEMS WITH IRON-ON TAGS OR INDELIBLE MARKER!** *Send a copy of this list to camp in your camper's luggage. This gives her a checklist when she is packing to go home. Keep a copy for yourself.*

***Please put your camper's name on all luggage, inside and out!***

## **UNIFORM REQUIREMENTS:**

- \_\_\_ **Uniform Polo Shirts** - 2 light blue polo shirts with logo-light from [Lands' End](#),
- \_\_\_ **Uniform Bathing Suits** – 2 royal blue, one-piece swim team type suits. Suggest Lands' End or swimoutlet.com
- \_\_\_ **Uniform Shorts** – 2 pair nice, khaki shorts. May be purchased anywhere. No distressed or short shorts
- \_\_\_ **Uniform Shoes** – 1 nice pair of shoes to wear with uniform such as Docksidors, Merrells, etc.
- \_\_\_ **Proper Riding Boots/Shoes and Riding Helmets (bearing SEI safely seal)**, if applicable

## **CLOTHING:**

- \_\_\_ **Shoes**--2 pairs. Comfortable sneakers and at least 1 pair flip flops and/or water shoes
- \_\_\_ **Sturdy Outdoor Shoes** – required for all campout and hikes (Keds and Van styles are not sturdy enough!)
- \_\_\_ **Boots** – rubber rain boots, a necessity. Easy to slip on and off is best
- \_\_\_ **Hat, Sunglasses, Beanie**--don't forget that it gets cold up here in the North Country, even in the summer
- \_\_\_ **Jeans, Long Pants, Sweats**--4 pairs
- \_\_\_ **Shorts**--6 pairs, mid-length. No short shorts permitted
- \_\_\_ **T-shirts**--10, variety of short and long sleeve. No spaghetti strap tank-tops permitted
- \_\_\_ **Warm Tops**—3, sweatshirts, sweaters, fleece, or jacket. Navy blue sweater to wear with uniform (opt.)
- \_\_\_ **Rain Jacket with Hood**--an absolute must have!
- \_\_\_ **Pajamas**--2 pairs. 1 warm weather pair, 1 cool weather pair. Robe and footie pjs are optional but popular
- \_\_\_ **Socks**--10 pairs
- \_\_\_ **Underwear**--10 pairs underpants and 6 bras/camis, including sports bras

\*Be advised that we can have some cold night at camp. Please send your daughter with ample cool weather clothing, especially for sleeping.

## **BEDDING (to be packed separately from other items):**

- \_\_\_ **Pillow and Favorite Stuffed Animal**
- \_\_\_ **Sleeping Bag** -- optional for campers traveling by air
- \_\_\_ **Sheets**--2 sets, cot sized or flat twin sheets. Optional if preferred over sleeping bag
- \_\_\_ **Extra Blankets**-- 2 warm ones (we provide wool blankets to campers traveling by bus or plane) \*it can get cold at night

## **PERSONAL ITEMS:**

- \_\_\_ **Laundry bag** -- Send 2, with camper's name in large lettering on the outside
- \_\_\_ **Towels**-- 2+ Bath Towels, 2 Beach Towels, 2 Washcloths
- \_\_\_ **Toiletries**--soap, toothpaste, toothbrush, deodorant, sanitary items, lip balm, lotion, brush, shampoo, etc.
- \_\_\_ **Bug Repellent and Sunblock (New NY law- must approve use of sunscreen on medication form)**
- \_\_\_ **Personal Medication and Vitamins** in large zip-lock bag with name outside and instructions inside. **MUST BE IN ORIGINAL PACKAGE/BOTTLE.**

## **MISC ITEMS:**

- \_\_\_ **SHEILDS**, for returning campers
- \_\_\_ **Flashlight and Extra Batteries**
- \_\_\_ **Stamps and Stationary** with address labels and an address list
- \_\_\_ **Backpack** for hikes
- \_\_\_ **2 Labeled, Reusable Water Bottles. This is a MUST HAVE.**

## **OPTIONAL ITEMS:**

- \_\_\_ **Journal and Pen, Books, Magazines, Scriptures, Pictures. No Kindle or e-readers are permitted**
- \_\_\_ **Camera--inexpensive, no phones allowed**

**SPECIAL PERSONAL ITEMS:** tennis racquet, lacrosse sticks, musical instruments, dance shoes, costumes, games, blue and white paint/clothing, poetry, sheet music. **MUSIC:** Mp3 players & other "music only" devices are permitted in the cabins to be used with personal headphones. **ABSOLUTELY NO cell phones, ipods, tablets or e-readers will be permitted at camp. We are a NO TECH ZONE!**